



THE UNIVERSITY OF QUEENSLAND

Course title: NUTR7008 Nutrition in International Health

Course coordinator: Dr Kurt Long

Mode: Internal and External flexible delivery

Course introduction:

This elective course challenges you to examine the impact of the double burden of undernutrition and overnutrition. You will be introduced to leading nutrition scientists and asked to critically evaluate a wide range of ideas and resources. You will apply appropriate written communication skills to assess the practical application of evidence-based nutrition principles.

Course aims:

The principal aims of this course are 1. To develop a critical awareness of major food and nutrition issues in the international context. 2. To gain insight into the economic, political, technological, demographic and social changes that many developing countries of the world are facing today. 3. To assess how these changes affect food supply, food intake, nutrition, health and disease patterns

Course content:

Specific topics include:

- Public Health Nutrition: Evaluating the evidence
- The Nutrition Transition
- Micronutrient deficiencies
- Maternal and child nutrition issues
- Nutritional concerns of special groups
- Indigenous communities
- HIV/AIDS
- Refugees
- Emergency feeding

Method of assessment:

Five written assignments and group discussions.

Recommended text:

Gibney, MJ, Margetts, BM, Kearney, JM & Arab, L (eds.) (2004) *Public Health Nutrition*. The Nutrition Society Textbook Series, Oxford: Blackwell Science Publishing.

Required resources:

Study guide: This contains the week-by-week learning materials for each module. These include clear learning objectives, the required reading, introduction, a brief synopsis and key definitions, case studies, and then a series of practical exercises.

Online Blackboard site: This provides an interactive environment for you and teachers. Reliable and regular access to the Internet is required.

Further details are provided in the [Course Profile](#):

http://www.uq.edu.au/study/course.html?course_code=NUTR7008