



THE UNIVERSITY OF QUEENSLAND

Course title: HPRM7008 Mental Health Policy & Services

Course coordinators: Prof. Harvey Whiteford & Ms. Meredith Harris

Mode: External Flexible Delivery

Course introduction:

This course is designed to provide an overview of the mental health field in Australia. In particular, it is concerned with understanding the evolution of Australia's mental health policy and exploring current and innovative mental health reform, in the areas of promotion, prevention and early intervention, and mental health services research. The course is divided into 10 topic areas. The course co-coordinator for contact will be Meredith Harris.

Course aims:

This course aims to enhance students' understanding of the impact of mental disorders on the population and of key policy and service debates, and initiatives, in the mental health field. It focuses on the question of how to improve the mental health of the population by policy and service development beyond the clinical service sector to a broader population health approach.

Course content:

Specific topics include:

- Key concepts in primary mental health care
- Historical perspectives on mental health systems and treatments
- Australia's mental health policy – where we are now
- Australia's mental health — epidemiological profile
- The burden of mental disorders
- Prevention and promotion in the field of mental health
- Early intervention approaches
- Case studies in mental health prevention and promotion
- Examples of current and innovative mental health policy and services research

Method of assessment:

Assessment details will be provided on the course Blackboard site.

Recommended text:

A Book of Readings is supplied to all students.

Required resources:

Study guide: This contains the week-by-week learning materials for each module. These include clear learning objectives, the required reading, introduction, a brief synopsis and key definitions, case studies, and then a series of practical exercises.

Online Blackboard site: This provides an interactive environment for you and teachers. Reliable and regular access to the Internet is required.

Further details are provided in the [Course Profile](#).

http://www.uq.edu.au/study/course.html?course_code=HPRM7008